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A Khan

M N. Siddiqui

M Ahmed
Aga Khan University, mushtaq.ahmed@aku.edu

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SURGICAL TECHNIQUE

A simple technique of umbilical port closure in laparoscopic cholecystectomy

Arifullah Khan FRCSEd
Instructor
Mushtaq Ahmed FRCSEd
Professor

M N Siddiqui FRCS
Assistant Professor
Department of Surgery, The Aga Khan University Hospital, Karachi, Pakistan

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The emergence of laparoscopic cholecystectomy has been greeted with enthusiasm by surgeons and patients alike. However, with the passage of time complications related to this new approach are being published (1). Herniation through the laparoscopic ports has been reported (2), but it is still too early to assess the true incidence. The placement of sutures to close the umbilical port after the procedure is a tedious and technically difficult manoeuvre, and hence often avoided or considered unnecessary (3). We describe a simple and effective technique of umbilical port closure. For the other ports we recommend using the Z technique of trocar introduction.

Technique
Via an umbilical skin incision the linea alba is exposed. A Kocher’s clamp is applied to the sheath adjacent to the umbilicus. Two stay sutures using 1 Vicryl® are applied, above and below the Kocher’s clamp. The Veress needle and the trocar are introduced between the stay sutures. At the end of the procedure the stay sutures are simply tied together to provide an effective, simple and secure closure (Fig. 1).

References

Correspondence to: M N Siddiqui FRCS, Assistant Professor, Department of Surgery, The Aga Khan University Hospital, PO Box 3500, Stadium Road, Karachi, Pakistan

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