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Bicompartmental Decompressive Craniectomy: Report of Two Cases

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Patients with refractory raised intracranial pressure (ICP) from severe traumatic brain injury remain a challenge to treat despite medical and surgical advances. In a recent trial, DECRA (decompressive craniectomy in patients with severe traumatic brain injury) has been shown to lower ICP and reduce times on mechanical ventilation in patients who presented with diffuse traumatic brain injury who underwent bifrontal hemicraniectomy.¹ Similar results have been shown in other clinical trials on decompressive craniectomy.² There is very scarce data available on bicompartmental decompressive craniectomy. A study published by Ecker et al from the Afghanistan and Iraq wars is the only literature that mentions the use of bicompartmental decompressive craniectomy in traumatic brain injury.³

Case Reports

Case 1
A 32-year-old man presented with severe head injury following an automobile accident (collision of a car with a truck) with a Glasgow Coma Score of 6/15. The patient was intubated and computed tomography (CT) scan was performed, which showed bilateral infratentorial extradural hematoma (EDH) on the left side larger than the right, bifrontal contusion, traumatic subarachnoid hemorrhage, and diffuse brain edema with effacement of basal cisterns (Fig. 1a). The patient was rushed to the operating room. The options of bilateral fronto-temporo-parietal decompressive craniectomy versus evacuation of posterior fossa extradural and supratentorial decompression were considered. The decision of EDH evacuation followed by supratentorial decompression posed a challenge to positioning during and after the surgery and rehabilitation.

The patient underwent left suboccipital craniectomy and EDH evacuation. After supine repositioning, bifrontal decompressive craniectomies were performed along with expansile duroplasty (Fig. 1b). The patient was kept in the intensive care unit postoperatively and extubated on postoperative day 2 after his ventilation parameters improved. Follow-up CT scan showed resolving edema (Fig. 1c). He was discharged with a Glasgow Outcome Score (GOS) of 4 (Fig. 1d and 1e). The patient showed good functional recovery on follow-up.

Case 2
A 2-year-old boy presented to the emergency room after a motor vehicle accident (car rolled over) with a Glasgow Coma Score of 8/15. He was intubated and a subsequent CT brain revealed a right suboccipital EDH, subdural hematoma, and intraparenchymal hematoma in the right cerebellum. Complete obliteration of basal cisterns along with diffuse brain swelling in the supra- and infratentorial compartments was noted (Fig. 2a). Right suboccipital decompressive craniectomy and hematoma evacuation along with expansile duroplasty was performed. The decision to perform additional bifrontal decompressive craniectomy was based on diffuse brain swelling in the supratentorial compartment and
oblitration of cisterns (►Fig. 2b). The patient was extubated on the second day and was discharged with a Glasgow Coma Score of 4. Clinical follow-up showed good postoperative recovery (►Fig. 2c).

ICP monitoring was not done in either patient because it is not available in our center.

Discussion

Decompressive craniectomy is considered as a last resource in the treatment of patients with head trauma with severely raised ICP that is refractory to medical therapy. Unilateral decompressive craniectomy is employed in the case of focal lesions causing a midline shift, and bilateral decompressive craniectomy is used in diffuse head injury or focal lesions involving both hemispheres without a midline shift. Bicompartamental decompressive craniectomy is indicated when there are separate space-occupying lesions in both the supratentorial and infratentorial compartments leading to isolated raised ICP at each level.

The need for bicompartamental decompressive craniectomy was first felt when the concept of regional brain tissue pressure gradient was studied especially adjacent to the site of a mass lesion. The pressure was highest adjacent to the mass lesion and declined as the distance from the mass lesion increased. Thus, it was concluded that a unicompartamental decompressive craniectomy would not provide adequate decompression for bicompartamental injuries and that a bicompartamental decompressive craniectomy could reduce ICP more rapidly and effectively than the conventional bifrontal approach.1

Bicompartamental decompressive craniectomy therefore can be an effective treatment strategy for uncontrolled ICP in select patients with supratentorial and infratentorial severe traumatic brain injury along with diffuse brain swelling especially if the option of unicompartamental decompression and maximal medical therapy is chosen and continuous ICP monitoring is not available.

In the authors’ experience of performing bicompartamental decompressive craniectomy in patients suffering from diffuse brain edema in the supratentorial compartment and mass lesion in the infratentorial compartment, the choice was to perform a bicompartamental decompressive craniectomy instead of bifrontal, unicompartartment, or just posterior fossa decompression followed by maximal medical therapy in the absence of availability of continuous ICP monitoring.

Both patients show good outcome (Glasgow Coma Scale = 4) on long-term follow-up. Another fact noted in our case report is the effectiveness in different age group (pediatric and adult).

Bicompartamental decompressive craniectomy was first reported by Ecker et al, who performed this procedure in six soldiers with severe penetrating brain injury from the conflicts in Iraq and Afghanistan.5 Although detailed literature was unavailable regarding the pathophysiology of the traumatized brain that led to the use of this technique, we present 2-year follow-up of our patients with excellent outcome.

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**Fig. 1** (a) Preoperative computed tomography (CT) of the brain showing postfossa extradural hematomas, bifrontal contusions, and effacement of basal cisterns. (b) Postoperative sagittal CT (bone window) showing frontal and suboccipital bony defects after bicompartamental decompressive craniectomy. (c) Postoperative CT of the brain showing resolution of brain edema and reappearance of basal cisterns. (d) Delayed postoperative CT scan showing sinking of frontal flaps. (e) CT scan of the brain after autologous cranioplasty.
Nursing care is an important factor when considering the possibility of compression of a herniated brain through the suboccipital craniectomy defect. Stefani et al reported utilizing a foam pillow in which a hole was cut that was slightly larger than the craniectomy.\textsuperscript{1,3,6}

**Conclusion**

Our case series demonstrates that bicompartamental decompressive craniectomy can be safely performed, with rapid control of ICP in both supra- and infratentorial compartments, and should be considered as an option in patients with bicompartamental head injuries. Larger studies are needed to address clinical indications and long-term outcomes of this technique to replace unicompartamental decompressive craniectomy with bicompartamental decompression in patients with bicompartamental traumatic injury.

**References**