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## **Case Report**

### **Post traumatic avulsion of lumbar artery: A rare cause of retroperitoneal haemorrhage treated by glue embolization**

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#### **Abstract**

Lumbar arterial injury after trauma is a rare cause of significant retroperitoneal haemorrhage. Early diagnosis followed by endovascular transcatheter embolization is a very effective treatment to control bleeding in patients who do not respond to conservative management. We present a case of post traumatic avulsion of left fourth lumbar artery which was successfully treated with percutaneous transcatheter arterial embolization with glue.

#### **Introduction**

Pelvic and spinal fractures caused by blunt abdominal trauma are associated with significant mortality and morbidity.<sup>1</sup> Pelvic retroperitoneal haemorrhage remains a major cause of death despite improvements in prehospital care resuscitation and increased therapeutic options.<sup>2</sup> Upto 60% of such patients die due to significant haemorrhage secondary to vascular injury.<sup>1</sup> Early CT scan followed by arteriography with selective embolization is recommended for the management. Embolization is a safe and effective method for immediate control of active extravasation, as well as to prevent future haemorrhage.<sup>3</sup>

Lumbar artery rupture is a rare and often overlooked cause of haemorrhage after pelvic and spinal trauma. We present a case of retroperitoneal haemorrhage due to rupture of lumbar artery successfully treated by endovascular embolization.

#### **Case Report**

A 31 year old patient was brought to the emergency

department after sustaining abdominal trauma from a heavy steel door which fell on him. He was conscious but irritable, unable to sit or stand and had haemodynamic instability due to shock. His blood pressure was 90/60 mm Hg with a pulse rate of 110/min. Lower abdomen was soft but distended. His left leg was rotated and shortened. His Haemoglobin level was 5.3 G/dl. An ultrasound (FAST) was positive for minimal free fluid in peritoneal cavity. 3-D CT scan of pelvis showed diastasis of pubis with fractured pubic rami on right side. Fractures were also involving left sacral ala, bilateral transverse processes of lower lumbar vertebrae and neck of left femur. Contrast enhanced helical CT scan of abdomen and pelvis revealed a large retroperitoneal haematoma on left side extending from lumbar region into pelvis and also involving left psoas and ileus muscles.

Patient was resuscitated with blood transfusions, intravenous fluids, plasma expanders and fresh frozen plasma but his lower abdominal distension continued to increase and haemodynamic status worsened despite conservative management. Digital subtraction angiography was planned to look for and embolize site of retroperitoneal haemorrhage. The angiogram of aorta (performed on Seimens Axiom Artis machine, through right femoral artery approach by 5Fr RDC catheter) was positive for active extravasation from ruptured left 4th lumbar artery from its origin (Figure-1). Complete embolization was performed with histoacryl (n-butyl-2-cyanoacrylate) glue (Figure-2).

After the procedure, patient was closely

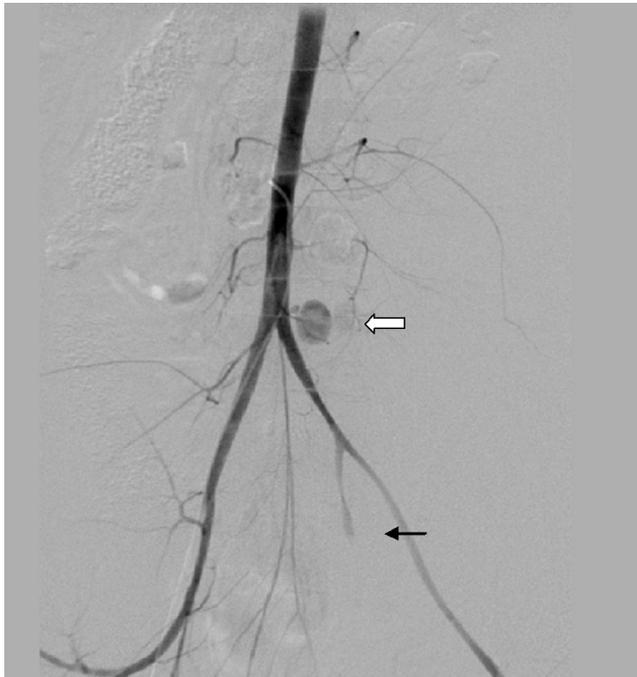


Figure-1: Digital subtraction angiogram of aorta & pelvic vessels showing extravasation of contrast from avulsed left 4th lumbar artery (large arrow), and complete cut off in internal iliac artery (small arrow), most likely due to trauma and thrombosis.

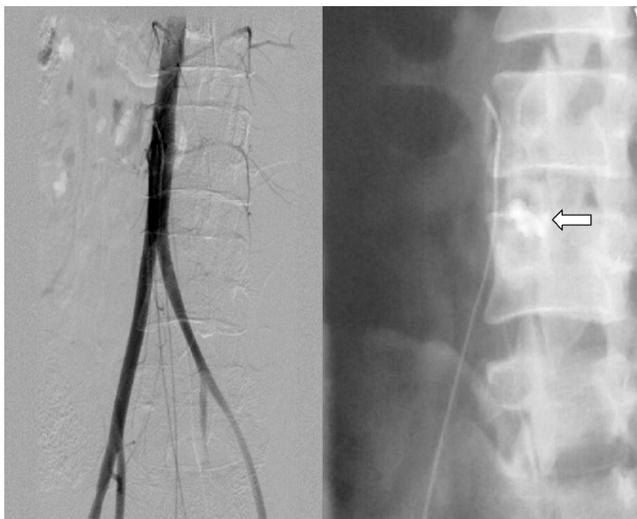


Figure-2: Post embolization angiogram: note cessation of contrast extravasation. Plain nonsubtracted image showing radio-opaque glue (arrow). Tip of catheter is in distal aorta.

monitored and managed in intensive and special care units. His haemodynamic status and clinical condition gradually improved over couple of days. The retroperitoneal haematoma was drained percutaneously by catheter placement. The patient then underwent internal fixation for his femoral fracture and was later discharged from hospital.

## Discussion

Continuous retroperitoneal bleeding from the injured pelvic or paraspinal arteries particularly lumbar arteries could be a major source of haemorrhage in patients with pelvic fractures.<sup>4</sup> Shearing forces from sudden rotation or violent flexion extension injuries may be the cause of such vascular injuries. Fracture of a transverse process may be responsible for direct laceration and avulsion of a lumbar artery or rarely formation of a pseudo-aneurysm may be the cause.<sup>5</sup>

Prompt diagnosis and urgent intervention is the cornerstone of haemostasis in haemodynamically unstable patients. Computed tomography is imperative in diagnosis and management. It should be used to determine presence and extent of retroperitoneal haematoma, to localize the pelvic bleeding site and any associated extrapelvic visceral or arterial injury.<sup>6</sup>

Since mid 1950s angiography is being frequently used as diagnostic modality for evaluation of visceral or vascular trauma. Overall, angiography confirms posttraumatic arterial bleeding in approximately 80-90% of cases.<sup>7</sup> After having localized one or several sources of retroperitoneal haemorrhage, haemostasis is achieved by catheter embolization.

The aim of embolization is to achieve immediate vascular occlusion (often temporarily) by decreasing pressure upstream from the leak; this facilitates physiological haemostasis, thrombus formation and healing of the dissected vessels.<sup>6</sup> This technique is proving to be the treatment of choice for securing haemostasis. When compared to surgery, it is a relatively simple, safe, prompt and effective method of controlling the haemorrhage.<sup>8,9</sup>

Various authors have reported high technical success rates for selective transcatheter embolization of lumbar arterial injury.<sup>3-5,10</sup> Embolic agents described in literature for lumbar artery embolization include coils and microparticles, gelfoam and rarely glue.<sup>3,10</sup> We used glue instead of other embolization material since the artery was avulsed from its origin and no segment was found to place the coil or particles.

Possible complications of the procedure include retroperitoneal infarction and abscess formation. Another important concern in embolizing lumbar arteries is that the arteria radicularis magna (also called the artery of Adamkiewicz) should be identified in order to avoid potential embolization, which can result in severe neurological damage.

## Conclusion

Our case illustrates the potential value of early imaging particularly arteriography and transcatheter embolization in cases of pelvic and spinal trauma leading to

retroperitoneal haemorrhage with particular reference to lumbar arterial injury as the cause.

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