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AKU-NAMA

Aga Khan University Newsletter and Magazine for Alumni

Summer 2011, Vol. 4, Issue 1



CONTENTS



Nursing alumni at the Alumni Reunion, December 2010.

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IN THIS ISSUE

From the Editor's Desk 3

(Re)Creating Culture through Art 4

In the Age of Transformative Technology 6

A Unique Experience 7

Symphony 7

Taking the AKU Torch Forward 8

Thank You, AKU 10

Care for the Dying 11

A Lifetime of Learning 11

Mini-Reunion in Kansas City 12

World Health Day – in Kenya 13

Reaching Out to the Community 14

Teaching the Teachers – Interview with Jane F. A. Rarieya 16

Campus Happenings 18

Class Notes 19

A Friend Remembered – Dr Basith Ghazali 19

NRMP Match Results 22

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The Bucket List

Adeel A. Butt



The Class of 1988 at their orientation ceremony; Dr Basith Ghazali is third row from the front, fourth from left.

I have a bucket list. As the years pass by, I have been able to check off many items on this list. Some happened fortuitously and without much effort on my part. Others required some effort. Yet others needed a fair amount of struggle. And then there are those that require little effort or struggle – and yet remain on the list undone.

Till a few months ago, I had a sense of certainty. After all, I had been able to check off some daunting items on my bucket list. And things were well on track to complete those that remained. Then I was woken up by two phone calls, in a span of one hour, delivering news of the deaths of two people I knew well. Both about the same age as myself, both doing very well the last time I met them, both with enormous potential, much of which will remain unutilised. One of them was a fellow alumnus from Class of 1988, the first class to graduate from Aga Khan University Medical College. I will never know what

was on their bucket lists, or whether they even had one. What is certain is that whatever remained, would remain unchecked.

Which brings me to the point I am trying to make: checking off items on our bucket lists while we still have the ability to do so. This is especially true for items that require little effort, and those that would leave our legacy behind. Whether it is a gift to our alma mater, the people we mentor, the children we help educate, or the political or social change we help bring about, that is what will remain. All that is left of us is the people who have benefited from our lives, the societal good that we have helped achieve. That is the ultimate capital, the ultimate investment in humanity, which will remain. Someone once said that the worth of a man's life can be best measured by the number of people who shed tears at his death. I certainly hope that we all are able to check off a few more items from

our bucket lists, and that our lives have made some difference.

In memory of Dr Basith Ghazali



(Re)Creating Culture through Art

Zahra Kazani, MA in Muslim Cultures '08



The Ardabil Carpet (detail), Iran 1539-40.

© Victoria and Albert Museum, London

As one walks into an exhibition space, the artefacts and colours, the designs and patterns all aim to mesmerise our senses, to create an emotive response while serving as a reminder of the rich and creative history of societies – delighting the eye while satisfying the curiosity of the viewer of the evolution and environment of cultures worldwide.

Exhibitions of Islamic art seek to do just that: to inspire, to lift their audiences to worlds afar through objects from different regions and centuries, providing a visual illus-

tration of the diversity and pluralism that exists in the Muslim world and beyond. While the objects have the power and ability to highlight exquisite artistry, they also open the doors to many different facets of societies, recreating cultures, both past and contemporary. Pieces used at court or as religious art reveal the meaning or symbolic value of an object in society or even social and political contexts.

A brief look at two galleries of Islamic art will help in understanding how art objects and exhibitions work

to create meaning for their visitors. The Jameel Gallery in the Victoria and Albert Museum, in London – housing art from the 8th and 9th centuries all the way to the years before World War I, and from Spain in the west to Uzbekistan and Afghanistan in the east, taking in Turkey and Iran – brings to the fore the significance of design in all the exquisite pieces displayed. The Gallery seeks to introduce its audience to Islamic art by emphasising the features that are commonly present in all the objects: geometry (and the regular division of the circle), calligraphy and plant-based ornamentation, as well as human and animal representation in objects that are not religious in nature. Visitors are meant to focus on the design, pattern and illumination that the art pieces project.

The idea of social relevance here is significant as the Victoria and Albert Museum (previously the South Kensington Museum) was established to collect and represent the best in art and design. The objects in the Gallery demonstrate the breathtaking range of Islamic art, showcasing culture from the Middle East and its design aesthetics – and visually complementing the other galleries in the Museum.

Many of the objects are a reminder of the political affiliations that shaped the Middle East. A casket from 13th century Sicily that uses 11th century woodwork with inlaid ivory from Fatimid Egypt as its base provides a perspective of trade and cultural interaction between societies in the 13th century. Further insight into how the casket was used in society or the means that led to its production would allow for a much deeper understanding of the trade and interactions that shaped the region. Thus,



Indian and Persian carpets, 16th / 17th centuries.

© Muserum of Islamic Art / State Museum of Berlin

the Jameel Gallery's displays attempt to recreate Muslim culture through an artistic and political framework.

Moving to a newer exhibition space, in the Gulf, the Sharjah Museum of Islamic Civilization attempts to look at Islam and Muslim cultures through many lenses including its influence on religious culture, politics, science and art.

The four galleries of Islamic art provide a chronology of objects produced in the Muslim world with its roots in 7th century Arabia. The final gallery, however, showcases contemporary art and architecture in the Middle East, extending the traditional concept of Islamic art – which typically ends in the 19th century – to modern times. As such, a set of cups with a matching glass urn embellished with colourful enamelled motifs, produced in 20th centu-

ry Europe for the 'Islamic market' and the skyline of Sharjah are both seen as components of Islamic art. In this way, the Museum has allowed the art objects to portray the city and the Emirate of Sharjah as a continuation of the rich artistic tradition and legacy of the past. By blending the 'Islamic' past with the present, the Museum appropriates the objects as 'Arab' and 'Islamic' though a majority of objects in the collection are Persian and Indian. Also, by architecturally integrating the Museum into the surrounding landscape, the *sug* or marketplace where the building is housed, the art objects and the Museum collectively recreate a culture, which boldly portrays the 'Islamic' identity of the Emirate and the country as a whole.

Thus, museums and art exhibitions use objects to weave a number of narratives from artistic to political to cultural. The way art objects are

organised, curated, labelled and represented can convey a variety of meanings and be used to achieve numerous goals. In essence, museums have a responsibility as possessors and keepers of art objects to not collect and preserve artefacts, which are significant goals in themselves, but also to responsibly portray and represent items.

It is believed that art objects have the power and potential to provide educated intellectual insights into cultural histories and narratives – in addition to provoking curiosity and eliciting a response. With Islamic art in particular, where everyday objects are used as a medium of communication, art becomes a tool through which not only design and aesthetics are traced through history, but also a means of cultural communication, societal evolution and a reflection of the multiple histories of a region.

In the Age of Transformative Technology

Suraiya Simi Rahman, MBBS '97

Tariq Gilani

In the past few years, we are in the thick of a world being transformed by technology. However, there are those of us who are still trying to resist its onslaught and the impersonal wall that can be erected in the name of efficiency and expediency. Oliver Sacks, the neurologist, compared the inner world of his patient Mr P “the man who mistook his wife for a hat” – in his book of the same name – to that of a computer, sensing only key features without grasping what is real and concrete about objects or people. By extension, does our love for technology place us at risk of losing touch with reality? By relying so heavily on technology is there a chance that we may miss out on the real meaning of life altogether?

Those of us who practice medicine have a special relationship with the schematics of disease. We form connections, see patterns and recognise microbes, manifestations and malignancies, all in a dance between nature and our minds. All of the faculties of a healer are wrapped up in creating a reality, a picture, an atmosphere consisting of the body and soul, disease and health, life and death. Unlike computers, we can sense meaning and thereby bring

significance to an interaction, a relationship. A patient tells us a story, and sometimes the story is about the patient and their life, sometimes it can be about us as healers, and sometimes we can reach towards a greater significance, a hidden truth. And that is what makes us human.

Technology helps us make connections in different ways. Many of us who have a Facebook account have connected with people we might otherwise have forgotten: high school friends, long-lost relatives, and maybe even coworkers from the past that we'll eventually de-friend. Through YouTube and Twitter, we come in contact with an even greater variety of stories. Again, the computer may help us make connections between pieces of information to create a virtual universe of stories, but it cannot give value to these chronicles.

As physicians we hear stories everyday, stories of loss and pain, hope and transcendence. But without the significance our listening or understanding can give these stories, they can form a web of information that is meaningless.

Computers, smart phones and tablets with all their opportunities and frustrations are here to stay –

you risk being called old-fashioned if you resist getting on the information highway. However, adopting new ways of integrating information into our environment does not mean giving up our effort to make that essential human connection.

We are part of a generation that is taking a technological leap in earnest: from the earliest Atari gaming system and Apple IIe computers to the present day iPod, Kindle and MacBook, we are living our lives in an age of transformative technology. As professionals we have gone from paper charts to electronic charts and order entry systems, from actual X-rays to digital X-rays, and are dealing with all the ramifications of these changes.

However, like time travellers we cannot run full tilt into the future without looking back at the past and packing the essentials. As physicians what that means is, we must meld the old with the new. We must remind ourselves, and the future generation of physicians, of the meaning that the practice of medicine, the healing of people, brings to our lives. Let us step off the super-highway a few times a day and behold the natural scenery and our place in it.

A Unique Experience

Written by debutante novelist Haider Warraich, MBBS '09, *Auras of the Jinn: A Pakistani Story* is a tale about growing up in modern day Pakistan, peopled with characters who are almost caricatures of the personality types that dot society's landscape. The novel is centred on a teenager, Imran, from a rundown neighbourhood in Rawalpindi. His father runs a motorcycle repair shop, and is interested only in Indian movies and his coterie of friends. His mother is a typical housewife with a life centred around the kitchen while his two sisters, Resham and Zaitoona, work as maids.

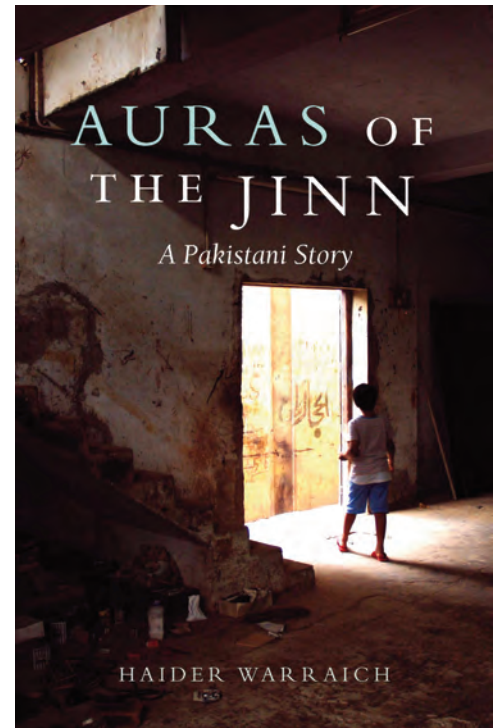
Farhan, a streetwise young man, befriends and introduces Imran to a new life of street crime and drugs – with drastic consequences. Picked up by the police, Imran receives a beating severe enough to induce seizures.

His father's attempts to have his son cured of the 'jinn', through the ministrations of a local cleric fail and Imran finds himself confined to a hospital's Special Ward.

Enter a kadeliscope of people: the stern Nurse Kulsoom, the junior physician Nida, the facile Dr Abid and the privileged yet troubled Zerrish, all who seem far removed from the world he knows. Here Warraich draws on his medical experience to paint a fairly realistic picture of a health institution and the tribulations of its patients.

If Imran survives the Special Ward it is thanks to one person as the rest are part of the 'great game' played in Pakistan today.

Khuzaima Fatima Azam is Assistant Manager, Public Affairs, at AKU in Karachi.



Symphony

Spread over five countries on three different continents, all nine of Aga Khan University's libraries are now working under a new integrated library management system. The newly implemented system called Symphony is one used by hundreds of academic libraries worldwide to connect people with information.

Thanks to the new system, all AKU library users now have much improved access to resources as well as to functions related to their own account. From anywhere on the University network or the web, they can search the catalogues of one or all AKU libraries. Search results not only yield internal AKU resources but also provide access to Google's freely available ones. Users can check the status of their personal account and renew and reserve books online. They also regularly receive notices warning them of

upcoming due dates and over dues. They can even set-up their own search profile and be regularly



informed of upcoming resources in their subject area.

For librarians, the system provides a better and more transparent control of major library functions. Cataloguing is greatly improved by access to international standard bibliographic data, available from the Library of Congress, the National Library of Medicine and other international institutions. The new system also permits cataloguing in Arabic, Urdu and other non-Roman scripts.

The implementation of this new system is a major step in achieving the overall goal of creating a global network of information resources and systems supporting all of AKU's teaching, learning and research endeavours.

Normand Demers is the University Librarian.

CONVOCAÇÃO





Taking the AKU Torch Forward

Above: Graduates at ISMC's 2011 convocation in London.

Nadia Bettega

Bottom left: ANS graduates (front to back): Nturu Christina Simwanza, Peter Chami Joachim and Peter John Kilimuhana at the convocation in Dar es Salaam

Alkarim Pirmohamed

Opposite Page

Top left: Nansimbe Zaitun receiving her BScN degree at the convocation in Uganda.

Sai Digitec Prints Ltd.

Middle left: Medical College graduates at convocation 2010 in Karachi.

AKU

Bottom left: EN-RN students: (left to right) Winifrida Fredrick Sombe, Magdalena Vandelini Matemu, Pricilin Isack Mushi, Segolina Andrea Ogonga, Mariam Joshua Mtunguja and Rhoida Ezekiel Chamja in Dar es Salaam.

Alkarim Pirmohamed

Top right: Ahmed Sokwala with his MMed degree in Internal Medicine in Nairobi.

Samuel Nyakondo

Bottom right: Anne Rerimoi, MMed in Paediatrics and Child Health at the convocation in Nairobi.

Samuel Nyakondo





Gary Otte

Thank You, AKU

Omair Shakil, MBBS '10

If truth be told, the first few months at AKU were intimidating to say the least. Too many decisions to be made and no one to make them for me. Too many things to be taken care of and no support system to bail me out. I had never polished a pair of shoes, let alone scrubbed a washbasin or swept the floor! But left with no choice I had to take charge of my own affairs. And as I did, I found a new kind of independence.

Over the next five years of snooze alarms (some of which stopped ringing only when the batteries died), grocery shopping and doing my own laundry, I gradually learned to take care of myself. Living in the AKU hostel instilled a sense of responsibility in me and hopefully, this has become a part of my character for life!

The diversity of people and ideas in each new class is one of AKU's unique features. Having spent the last five years among such people, each with their own perspective, has taught me to embrace differences in a way

that unifies us at some level.

Early in my medical career, I decided that I wanted to be a clinician *and* pursue my research interests. However, I feared that I would not have the opportunity to explore both. AKU gave me exactly what I had dreamed of – the opportunities to pursue my clinical and research interests by way of electives and selectives, and the freedom to carve out my own career path in the process.

While research may be a rarity in Pakistan, I consider myself extremely lucky to find at AKU an atmosphere that values and supports its academic community in ways that lead it to develop research opportunities for students. I, and most of my peers, have been part of basic science as well as clinical research projects that have allowed us to develop and sustain our interests. It is my hope that I will add to the number of AKU alumni whose pioneering research work has increased the evidence base which drives medicine forward, making it more objective and effective.

Braving the squalid Karachi summer afternoon heat without electricity in a makeshift clinic in a squatter settlement can be a testing experience. Rotating through the multiple offsite clinics that AKU has established in many underserved communities in Karachi, I witnessed first-hand the need for and the good that can come out of community participation. The satisfaction I derived from treating those in need of health care but without means, has had its impact on me. I have no doubts that I will continue to play my part in making health care accessible to those who cannot afford it.

Five years ago, starry eyed, clutching my admission letter, I had entered these walls, hoping to graduate as a doctor and treat patients. Today, five years later, I am so much more: I am a responsible individual, aware of my strengths, confident about the choices that I have made and eager to act as a catalyst for sustained change in my community. All this I owe to you, AKU.

Care for the Dying

Fahmida Mehdi Samcha,
RN Diploma '00, Post RN BScN '06

Though inevitable, death sometimes becomes a 'deliberate intervention' undertaken with the intention of relieving incurable, unbearable pain. In health care, the role of patient consent in decision making in general, and its role in end-of-life decisions in particular, is central.

Advance directives have been proposed as an essential tool of advance care planning, a process that facilitates end-of-life decision making for the terminally ill. It provides an opportunity for a person to express their wishes before the capacity to make such decisions is lost. It also demands from health care providers the space to plan care that reflects a patient's choices. It is equally applicable for all palliative care patients, irrespective of whether they are receiving care at a hospital, hospice or/and at home.

In our existing health care system, formal advance directives are not obtained as practice. This led me to undertake a literature review of international practices and the significance of formal documentation of advance care planning and advance directives for patients in palliative care.

The resulting paper was accepted as a poster presentation at the Singapore Palliative Care Conference 2011 – the fourth biennial scientific meeting organised by the Singapore Hospice Council. There were 450 health care professionals from 15 countries participating in this conference. Being the only delegate from Pakistan, I had the opportunity of, representing both the country and the institution. There were 37 posters on display, and around 30 scientific sessions on palliative/end-of-life care facilitated by experts from all over the world. It was an opportunity to reflect on and recommend practical strategies to improve the palliative care services at the University Hospital in Karachi.



Jean Luc-Ray

A Lifetime of Learning

Edith Msagati, BScN '07

I was lucky – while studying for a Bachelor's degree in nursing at Aga Khan University, I was also working at Aga Khan Hospital in Dar es Salaam, Tanzania. So while on duty I would apply whatever I was being taught in class, employing my knowledge about patient assessment, physical examination and the eleven key clinical health functions.

In my second year, clinical practice was at Muhimbili National Hospital, working with intern doctors. I clearly remember the time when we examined a woman with pleural effusion – water on the lungs – together. The intern's record in the patient's file mentioned that the woman was suffering from pleural effusion on the right side of the lungs. However, when I physically examined her, I felt that the effusion was on the left. This led to an ultrasound being carried out – and my diagnosis being correct!

Before my BScN, I worked as a Nursing Incharge. The critical thinking skills I learned increased my confidence and as my performance improved, I would be appointed interim head in the absence

of the Head of Nursing Services. Now, I can proudly claim that I can stand in front of a group and confidently present on cases. My education has empowered me to be innovative, to interact with different kinds of people and to even help AKU nursing students coming for their practicum to my unit.

Currently I am working as an Incharge of Reproductive Health overseeing the antenatal clinic, ante- and post-natal wards, labour ward and neonate unit. The knowledge I gained in advanced concept pharmacology and biochemistry have improved my nursing care practice to such an extent that patient complaints are now non-existent. Last year, I was nominated for a national executive member position at the Tanzania National Nurses' Association. I continue to work in this position and am also chairperson of AKU Alumni Association, Tanzania Chapter for the past two years. The education I got at Aga Khan University has helped me understand myself, the nursing profession and my professional responsibilities.

Mini-Reunion in Kansas City

Fahd Anzaar, MBBS '03

I don't know about you, but for me the US Midwest conjures up images of cornfields, bundles of hay, vast stretches of flat prairie land, and perhaps even herds of bison and cowboys. In short, a vision of rural countryside, that makes the Midwest not a particularly popular option (compared to the East Coast) for a freshly graduated physician searching for a residency programme or pursuing graduate medical education.

I can vividly recall opening my interview invitation from the University of Missouri in Kansas City. Having dedicated several years to research in the academic powerhouse that is Boston, (with Harvard, Tufts and Boston universities offering graduate medical education, along with MIT, Northeastern and other universities conducting world-class biomedical research), the above images flashed through my mind. 'Hmmm, I'll be going to farm country with some rednecks in the middle of nowhere!' I thought. 'Is there any place, or anyone, famous there?' Little did I know then that this would end up being home for the next four years, that Harry Truman, the 33rd President of the United States was born and raised here, and that it is second only to Rome in the number of fountains it has!

Arriving in Kansas City, I found that despite being the largest metropolitan area in Missouri (surpassing even St. Louis), I could count on one hand the number of Pakistani physicians training here. Of these, only two were from Aga Khan University. One was my classmate, Dr Emma Khan, MBBS '03, who completed her pathology residency and cyto-pathology fellowship; and the other, Dr



Alumni in the Kansas City area. Back row: Drs Sadia Hayat '99, Naresh Kodwani '92, Fahd Anzaar '03, Abdul Ahad Haleem '95. Front row: Drs Saima Ubaid '95 and Sunita Dodani '92.

Arvin Dodani

Hammad Hussain, MBBS '01 who completed his endocrinology fellowship. Both trained at the University of Kansas and have subsequently moved elsewhere.

In 2009, Dr Sunita Dodani, MBBS '92, arrived to head the brand-new Center for Outcomes Research and Education at the University of Kansas Medical Center and in 2010, Dr Abdul Ahad Haleem, MBBS '95, an orthopaedic surgeon, also moved here to join the United States Department of Veterans Affairs hospitals.

Their efforts, along with Dr Naresh Kodwani's (MBBS '92 and a 10-year veteran Kansas City resident but unknown to me then) were instrumental in arranging a mini-reunion in March, at Cinzetti's, a gourmet Italian restaurant. It served as a magnet to bring together the latest arrivals as well as the more 'seasoned' residents! Families and children were also welcome, bringing our evening's total tally to 17. The success of this initial meeting can be judged by the fact that not a single person excused himself or herself and all stayed well past the restaurant's official closing time!

During the occasion, Dr Dodani also announced the establishment of the non-profit Center for Post-Polio Rehabilitation (www.cfppr.org), the culmination of her mother and her dreams. She proudly shared that volunteers, including orthopaedic surgeons and physical therapists, have already performed surgery on 20 children from India and Pakistan who were otherwise unable to walk and that they are also planning another trip to the subcontinent later this year.

Apart from us, there is an even larger alumni base in St. Louis, which is a short three- to four-hour drive from Kansas City. Some alumni, whom we were in contact with, did express an interest in joining the mini reunion, but were either on call (or back-up) the next day and did not want to risk a late return. It is therefore fitting that St. Louis, in the heart of the Midwest, will host the 2011 Aga Khan University alumni reunion over the July 4 weekend. Several of us are planning to attend and we look forward to meeting alumni from other AKU schools as well as the university leadership there!

World Health Day in Kenya

A reunion with a twist! ANS alumni from around Nairobi rolled up their sleeves and organised a health awareness day at Kiambiu, an informal settlement of almost 50,000 people just four kilometres east of the city centre.

They used the occasion of World Health Day, April 7, to work with government and civil society organisations to hold a day-long camp. The activities were facilitated by the Ministry of Health's District Public Health Nurse in charge of Kariokor District, Catherine Mugo; the area chief, Esther Wahome who lent her office and additional rooms as clinic space; while the Liverpool VCT – an NGO that offers HIV prevention and treatment services in Kenya – screened adult community members for HIV/AIDS.

The focus was on disease prevention through health education and on current challenges: dia-



Under-fives being weighed. Sammy Nyakundi

betes and hypertension. deviated from the norm were offered individualised health education while extreme cases were referred to Bahati Health Centre for follow-up.

Children under five were provided a check-up, basic medication and even de-wormed.

By the end of the campaign, 401 residents were attended to by the alumni, including 123 adults who were screened both for hypertension and diabetes; 288 children of which 111 were weighed and screened for major ailments, while the rest were de-wormed.

Gauging from the positive response they received, the alumni intend to make the campaign a quarterly activity with the intention of benefitting the community and giving back to society.

George Kiptalam is Associate Registrar, AKU, East Africa and is based in Nairobi.



Lilian Gachago giving a health talk on diabetes at Kiambiu. Sammy Nyakundi

betes and hypertension. To kick off the day, some of the alumni gave a health talk on diabetes while another group spoke about hypertension.

Community members were invited to free screenings for both the diseases. Any resident whose blood pressure or blood sugar readings

Uganda hosts an Alumni Forum

Nursing alumni in Uganda met at the annual Alumni Forum in December. They were fortunate enough to host Enid Mwebaza, Assistant Commissioner Nursing, Ministry of Health, who is also an AKU alumnus, as the chief guest. She spoke about nursing in Uganda and AKU's work, especially its role in keeping the alumni together. The forum was moderated by alumnus Patrick Bateganya. This was followed by a general body meeting in which new members of the Uganda Alumni Chapter were elected. Ms Rose Kagwa is the new Chair.

Reaching Out to the Community



Outreach camps for health awareness and education were set-up in December 2010 in Karimabad, Federal B. Area, Bilal Colony, Korangi, Sultanabad, and the New Sabzi Mandi areas of Karachi by alumni, as part of their annual reunion celebrations.

Over 200 graduates from the University's School of Nursing, Institute for Educational Development and Postgraduate Medical Education, along with a 100 nursing students, offered basic health screening facilities and health

education to more than 2,000 visitors, mostly women and children.

Serving as a reminder of the University's emphasis on community service, the visitors were also offered free screenings for blood pressure, weight, body mass index, blood glucose and anaemia. A mental health counsellor was also present to screen people for depression and offer advice on stress management.

"These camps not only reunited AKU alumni under one platform, but also reflected that a collaborative, multidisciplinary approach is

the best strategy to successfully address the health issues of a community," said Shela Hirani, Senior Instructor, AKU-SON and team leader at the Karimabad health camp.

Earlier in the morning, an Alumni Reunion Breakfast was organised at the Stadium Road campus to provide alumni an opportunity to interact with one another as well as to serve as a warm send-off to people volunteering for the day-long activity in low income areas in various parts of the city.



Top: Children enjoying a puppet show at an AKU alumni health camp.

Audio/Visual Department, AKU

Left: AKU alumni explaining health education material at an outreach health camp.

Audio/Visual Department, AKU



AKU alumni with support staff at Sultanabad camp after serving the community.

Audio/Visual Department, AKU

Teaching the Teachers

Jane F. A. Rariya, MEd '99 is currently Associate Professor and Head, Teaching Programmes at AKU's Institute for Educational Development (IED) in East Africa. Before this, she worked with AKU-IED Pakistan and as a teacher and teacher educator with the Aga Khan Development Network in East Africa.



Jane in a group discussion with MEd students during a gender specialisation course.

Sarah Ojuando

Can you tell us about your journey to becoming an international educationist?

It actually began with the completion of my master's degree at the Institute for Educational Development in Pakistan. Before that, I was a high school teacher in Mombasa and my teaching encounters were limited to my high school students and colleagues.

On completing my MEd, I joined AKU-IED Pakistan and began working with teachers in East Africa, conducting Certificate in Education – earlier referred to as Visiting Teacher – programmes in Kenya, Uganda and Tanzania. At about the same time, I was asked to shift from Kenya to Tanzania for a year to start an English language proficiency programme for teachers at the Aga Khan Nursery, Aga Khan Primary and Aga Khan Mzizima Secondary School in Dar es Salaam.

Joining AKU put me right in the centre of international work in education, providing opportunities to work with educators from several countries in Asia, Africa and North America as well as the Middle East.

In addition, as an academic, I have presented my work, either on research or teaching, at several international conferences. This has led to networking with other academics and collaborative projects that have been important in the development of my career.

So, whilst I have moved on from being a high school teacher, I still do what I love best and am passionate about – teaching.

How has learning from your past experiences been translated into your current work?

Teaching educators from all walks of life in three continents has served to bring to the fore the importance of

professionalising teaching, particularly in East Africa. I have come to clearly understand that teachers make a difference.

If we want better citizens, we need to invest in our teachers; if we want a better economy, the case is the same. Sadly, this does not seem to be substantially recognised in our part of the world.

We desperately need school leaders and teachers who are visionaries, able to grapple with challenges and are proactive in resolving problems. School leaders and teachers need to understand how the ideas about school improvement or classroom education in the developed world can be replicated in their own settings, but in ways that are contextually relevant. My role is to help them acquire not only the knowledge but also the skills.

So I approach the courses that I teach with one aim: of touching the

hearts of the professionals that I will come in contact with, of sparking a fire that will arouse them to be the best teacher or education leader that they can be.

What has been the focus of your research?

I am profoundly interested in gender and leadership and in the intersection of the two as I strongly believe that leadership that is sensitive to gender issues is likely to translate into leadership that is inclusive with a much more humane approach to leading. But before we get there, we need to illustrate beyond doubt how gender is manifested in leadership. I have just completed a study that looks at how leadership is configured in schools in Dar es Salaam by students, teachers and heads of schools; how they describe, define and perceive effective and ineffective school leadership. The outcomes are feeding into our own leadership courses at AKU.

I am also involved in two research projects organised by the University of Cambridge. In the first we are exploring how gender affects student retention rates in primary schools. In the second project we are studying successful women, trying to understand their experiences and how they have been able to navigate gender issues to get to where they are.

Tell us about your publications?

Over the years, I have published in several international journals in the areas of gender, leadership and reflective practice.

I have also co-edited a book, *Gender and Education in Pakistan*. I am particularly proud of this volume as the idea germinated from a search that showed a dearth of documented work in this area in Pakistan at a time when we were developing a course on gender at IED. We kept asking ourselves what references would be most suitable for our students given the ‘sensitivity’ of the topic at the time and this is what

emerged from that search.

I have also recently been approached by a publishing house that would like to turn my doctoral thesis into a book for a wider audience. I am particularly proud of this as it is not an offer that comes our way every day, especially by a reputable publisher in the developed world. Often, it is the other way round – of trying to sell a manuscript to a publishing house.

What stereotypes, if any, have you faced about women in education? What has changed and why?

As a woman I am expected to be in education – women always end up there anyway. What most people don’t expect is very clear cut thinking about educational issues. That kind of thinking is not supposed to be part of a woman’s way of thinking. And therefore, whenever I speak publicly, I often see a quick double take by those present.

Another stereotype I encounter, especially in East Africa, is about woman academics. It is assumed that I must be arrogant and generally impossible as there are so few of us. I get asked irrelevant questions that I find a bit vexing as any academic will tell you that education only serves to humble you as the more you read and learn, the more you realise how much you do not know.

The other inevitable stereotype I often encounter is about women leaders. In most tertiary level educational institutions, especially in this region, women are conspicuously absent at the management level. On numerous occasions I have heard people refer to IED in East Africa as an “institution that is run by women” and I am usually amused at the beginning of every academic year when new students walk in. They are always taken aback by the fact that women are leaders in this organisation. It serves as a potent illustration that women can run an institution, regardless of their femininity, and act as a source of inspiration for our female students.

Request for Contributions

The editors of AKU-NAMA invite you to contribute to the next issue of the magazine.

Your story may highlight interesting career options, unique job experiences, ground-breaking research, innovative public service initiatives, or other materials of particular interest to the alumni. You can also contribute opinion pieces on trends in education and modern technology, book reviews and travelogues. Letters to the editor are also welcome.

Article length should be approximately 500-600 words. Photographs are welcome but they must be high resolution digital photographs (JPEG files over 1MB).

Articles can be submitted at www.aku.edu/alumni/alumni_frm_articles.asp

Class Notes provide you an opportunity to make announcements and share your successes with other AKU alumni. Submit your class notes at www.aku.edu/alumni/alumni_classnotes.asp

Do you know any alumni still not on the AKU-NAMA mailing list? Direct them to www.aku.edu/alumni/alumni_contact.asp

Thank you for all your previous submissions, feedback and suggestions. Now let’s keep the ball rolling for the upcoming issue.

Nominations Wanted!

The AKU-NAMA Editorial Board seeks nominations for distinguished alumni profiles from all programmes, departments and entities. Please send a short profile of your nominee to: alumni@aku.edu

People in New Positions

The first Director of the eHealth Programme at AKU has been appointed: **Dr Shariq Khoja**. He will be responsible for the development of a strategy and programme for eHealth at Aga Khan University and AKDN as well as support the academic programme in eHealth and related fields. Before this, he has worked as Assistant Professor, Department of Community Health Sciences and as Coordinator, eHealth at AKU. He is an AKU-MC alumnus whose interests led him to complete an MSc in Telehealth and a PhD in eHealth from the University of Calgary, Canada. He also completed his post-doctoral studies in health informatics as part of the Canadian Institutes of Health Research's Strategic Training Program. Today, Dr Khoja also heads the PAN Asian eHealth Research Network and is an adjunct faculty at the University of Calgary.

Joseph Mwizerwa has been appointed Academic Head of the Advanced Nursing Studies programme, in Kampala, Uganda. He holds a master's degree in nursing science from Mbarara University of Science and Technology and a bachelor's in nursing from Makerere University. With over seven year's experience in nursing education and curriculum development, he will now be responsible for the academic and administrative activities of the AKU campus in Uganda.

A registered midwife and nurse, and an experienced nurse educator with over 12 years of experience in nursing education and curriculum development, **Dr Khairunnisa Dhamani** is the new Academic Head of the ANS programme in Dar es Salaam, Tanzania. She is an AKU-SON alumna who holds a PhD in Nursing from the University of Alberta, Canada and an MSc in Nursing from the University of Minnesota, USA.

A new Chair, Department of Surgery has been appointed. **Dr Asad Jamil Raja** has been a faculty member with the department from 1996 to 2008 before moving to East Africa as Chair of the Department of Surgery.

Dr Raja holds an MBBS degree from Dow Medical College and a Master of Health Science in Bioethics from the University of Toronto, Canada. He is also a Fellow of The Royal College of Surgeons of Edinburgh and brings with him a rich experience of teaching, research and clinical service.

Research Talks

The number of newborn deaths can significantly be decreased through the intervention of the public health system in Pakistan, reveals a study published in *The Lancet* by Dr Zulfiqar Bhutta, Chair, Division of Women and Child Health, AKU. The simple introduction of counselling and educational outreach on well-known life-saving newborn health practices into the National Programme for Family Planning and Primary Care in two areas has led to a 15-20 per cent drop in newborn deaths and stillbirths. The Division in partnership with the Government of Pakistan's Ministry of Health, the World Health Organization and Save the Children's Saving Newborn Lives programme carried a two-year research trial in Hala and Matiari in rural Sindh. It introduced a community-based intervention package, delivered through lady health workers from the national programme working with traditional birth attendants and community health committees. They were trained to provide group counselling on mother and newborn care practices, to partner with the *dais*, and to make home visits to teach simple newborn care to new mothers, including early and exclusive breastfeeding, delayed bathing and early recognition of signs of serious newborn illnesses.

Award

Drs Fahim Rahim, MBBS '97 and Naeem Rahim, MBBS '98, of the Idaho Kidney Institute, are the proud recipients of the Ellis Island Medal of Honor awarded by the National Ethnic Coalition of Organizations (NECO) which represents over 350 ethnic organisations across the United States; they received a Congressional Recognition award from the US Senate in 2007. Awarded for the first time in 1986, the Ellis Island Medal is presented to Americans who have distinguished themselves through significant contributions to their communities and their nation, while continuing to communicate the richness of their own heritage.

"Our medallists' influence and achievements truly inspire and touch the lives of people everywhere," says Nasser J. Kazeminy, Chairman, NECO. Past recipients include United States Supreme Court Chief Justice William Rehnquist, Senator John McCain, former New York Mayor Rudolph W. Giuliani and Former Chairman Chrysler Corporation, Lee Iacocca.

Recognition of Volunteer Work

The President's Volunteer Service Award for the year 2010 has been presented to **Dr Aisha Sethi, MBBS '99** for making a difference through volunteer service. She received a letter from President Barack Obama thanking her for "devotion to service and for doing all you can to shape a better tomorrow".

Nominated by the American Academy of Dermatology, the award recognises her dedication in the field of dermatology especially with regard to her efforts in Malawi and Pakistan. In Malawi, her work to raise awareness of albinism and improve local dermatological care has been featured by national media.

Medical College

1992

Muhammad Usman Ghani completed his FCPS and then did his FRCA from Ireland and worked as a consultant anaesthetist. He now works at Military Hospital, Riyadh, Saudi Arabia.

Sunita Dodani is in touch with fellow alumni in the US Midwest and encourages younger alumni to contact her for advice or mentorship at soni.dodani@gmail.com.

1993

In July 2009, **Naaznin Jhaveri Lokhandwala**, took a break from a busy endocrine practice in Massachusetts and has been in

Karachi helping her parents renovate their hospital. She finds this a worthwhile experience that has taught her and her family many interesting lessons about the ground reality of health care available in Karachi.

1995

Uzma Yunus is currently based in Chicago where she has a specialty clinic called Depression Clinic of Chicago offering specialised depression care including cutting edge treatment with Transcranial Magnetic Brain Stimulation. She is an assistant professor of psychiatry at University of Illinois at Chicago and a faculty member at American Physician Institute for Advanced Professional Studies.

2000

Aaysha M. Khan was highly acclaimed for performing the first Bone Anchored Hearing Aid operation in Alton, Illinois in United States of America on June 21 last year.

2001

Ayesha Afzal completed her post-graduation degree from Emory Family Medicine residency programme and is currently running an outpatient family practice and also working at an ER facility.

2002

Mohamed Akram Abdullah did his internship at AKU is now working as Respiratory Registrar at the Royal Gwent Hospital, Newport.

A Friend Remembered

Dr Basith Ghazali, a member of the first Aga Khan University Medical College class and a highly regarded plastic and reconstructive surgeon settled in Fort Worth, Texas, died on May 9, 2011. He was 45 years old. Basith was married to Sobia Saeed (Class of 1992) and was a father to their two children, aged 10 and 12.

Friends and classmates will remember him as a sweet and dear friend, a devoted professional and a calm and reflective personality who had a gift of touching others with his serene and sincere temperament. Most of all, we will remember him for his humanity, his kindness, his unfailingly polite manner, his quiet dignity, his humour and wit and his smile.

Basith was born and educated in Karachi, attending BVS Parsi High School and DJ Science College, before entering Aga Khan University's Class of 1988. He distinguished himself with academic excellence throughout, consistently performing at or near the top of the

class. Developing into an astute and precise clinician, Basith's decision to pursue surgery was made early. After obtaining an MPH from



Johns Hopkins, he completed a general surgery residency in New York City followed by a plastic surgery fellowship at University of Kansas, and eventually established himself in private practice.

For the last several months,

Basith had been brave and stoic in the face of an adrenal tumour. News of his death has left the AKU community deeply saddened. Those of us in Karachi recently gathered at a friend's house to honour his memory. He was a sports lover and played badminton with great skill; his sweet tooth was famous and you never found him without something sugary on his plate; he had a boyhood love for trains that never left him.

Anecdotes flowed aplenty. A particularly insightful one has to do with the love of his life, Sobia. College legend has it that Basith saw her sing a moving ballad at the annual day function, and lost his heart right away. I remember once asking him if it was true; he just smiled and looked away shyly. That's the kind of person he was.

Our wishes and prayers are with Basith and his family. He was a precious and cherished gift in our lives and we will miss him.

Saad Shafqat, MBBS '88

2005

Abdul Waheed has been elected as third year Chief Resident of Family and Community Medicine residency programme at Penn State University, Milton S. Hershey Medical Center/The Good Samaritan Hospital, Hershey, Pennsylvania for the academic year 2011-2012. He has been working with a team of friends for educational development at community level through the Alshaoor Forum that works to help bring new ideas, teacher training and career counselling for students belonging to local government schools in Kahna Nau, a suburban area in Lahore, Pakistan. This year the team successfully started publishing a bi-annual magazine focused on common socio-religious issues facing Pakistan. They have also revamped the Alshaoor Public Library in Kahna Nau.

2006

Fazal Manzoor Arain is currently working towards his PhD in neurosciences from Vanderbilt University, Nashville, Tennessee, United States of America. His research focuses on the role of GABA A receptor in juvenile myoclonic epilepsy.

2007

Asim Hafiz who did his internship from Aga Khan University is now doing his residency in radiation oncology at AKUH, K.

Sobia Haqqi, who completed her residency in psychiatry from Aga Khan University is currently working as an assistant professor at the Ziauddin Medical University, Department of Psychiatry and has contributed research articles on women related issues to local and foreign publications.

2009

Abdul Saboor Memom, Residency 2009, has been promoted to junior consultant anaesthesia and as

incharge anaesthesia and intensive care at Memon Medical Institute, Karachi.

Mehreen Anwar Bhamani who did her MSc in Epidemiology and Biostatistics from Aga Khan University is currently engaged in a few research projects with the faculties of UAE University, Al-Ain and has been published in reputable journals.

Mohammad Tahir Yousafzai completed his MSc in Epidemiology and Biostatistics and is currently working as an epidemiologist at Baqai Medical University. He is also a visiting epidemiologist at Dow University of Health Sciences and Jinnah Medical and Dental College, Karachi.

2010

Shirin Mirza received her MSc in Epidemiology and Biostatistics and is currently working as a research coordinator for MultiDrug-Resistant Tuberculosis (MDR TB) at Association for Social Development, Islamabad. He also volunteers as consultant epidemiologist for Public Health Solutions, Pakistan.

School of Nursing

1986

Sharifa Lakhani, RN Dip, completed her MS in Nursing Education in 2008, and is working fulltime. She yearns to return to AKU as some point.

1987

Amina Hussain Ali, RN Dip is currently working as a preceptor and incharge RN in CVICU handling open heart pre and post care patients. She has been practicing as a certified critical care registered nurse in the United States of America for over 20 years.

1991

Rozina Ramzan Ali Farishta, RN Dip, Post RN BScN 1996, resides in Skokie, Illinois with her husband and two children and is working toward a MS in Nursing for Family Nurse Practitioner programme from North Park University, Chicago, Illinois.

1998

Misree Begum Saleem Rato, RN Dip, Post RN BScN 2007, is working at the CICU at Aga Khan University Hospital, K.

Shireen Lalani, RN Dip, Post RN BScN 2009, is working as a nursing instructor at Baqai College of Nursing.

Zahra Ramzan Ali Nathoo, RN Dip is happy to have returned to Aga Khan University School of Nursing to pursue a Post RN BScN after over a decade of completing her RN diploma.

2000

Fehmida Ashiq Ali Allana, RN Dip, Post RN BScN 2006, is a clinical nurse specialist, ambulatory care services at Aga Khan University Hospital, Karachi. Her keen interests lie in palliative care. She also serves as co-chair alumni standing committee and largely contributes to community education with regards to disease prevention and health promotion by conducting community based educational programmes.

2001

Mehtab Qutbuddin Jaffer, RN Dip, Post RN BScN 2007, is a clinical nurse instructor at the outpatient services and sends greetings and best wishes to all.

Shahina Pyar Ali Issani, BScN Generic, is a proud alumna presently working as a research assistant at Aga Khan University School of Nursing. She misses her colleagues and wishes to hear from them.

2002

Suneina Shaukat Ali Popatia, RN Dip, Post RN 2008, has rejoined Aga Khan University Hospital in February this year as an infection control nurse.

Zohra Sultan Kabirani, BScN Generic, is currently working at Aga Khan University Hospital in Dar es Salam, Tanzania.

2003

Nigar Abdul Jabbar Raza, RN Dip, Post RN BScN 2009 is currently working as a nursing supervisor at AKUH, K.

Rozina Jalaluddin Kygiani, RN Dip, Post RN BScN 2009, is working as senior instructor at Ziauddin University College of Nursing. She is indebted to AKU-SON for instilling the spirit of adaptability in her and looks forward to returning to the alma mater for an MScN.

Rupa Himani, RN Dip, Post RN BScN 2008, is working as acting head nurse at Clifton Medical Services, AKUH, K. She feels indebted to the hospital for playing a vital role in her professional growth.

Shela Akber Ali Hirani, BScN Generic, MScN 2010, received Overall Distinction in MScN programme 2008-2010 and a Thesis Distinction on the day of her MScN graduation.

2004

Ashraf Valliani, BScN Generic is a lecturer at Liaquat National College of Nursing.

Erum Shahabuddin Bachlani, RN Dip, completed her Post RN BScN in 2009 and was promoted to Head Nurse, Aga Khan University Hospital.

2005

Erum Lakhani, RN Dip, currently resides in the US and works as an RN at Parkland Hospital.

Our class of 2005 was the first of its kind to graduate in Tanzania. We were 18 people who were awarded an undergraduate degree in nursing after which I went back to bedside nursing. Watching me conduct all those nursing procedures at the bedside shocked my colleagues.

In 2007, I took a three month holistic counselling course at the Kairuki Memorial University in Dar es Salaam, Tanzania. I then shifted to a Care and Treatment Clinic at Muhimbili National Hospital, as a nurse counsellor for HIV/AIDS patients, performing my duties with pride for three years until my retirement last year.

I am now working at the Trauma Centre Hospital as a Registered Nurse and Counsellor. My BScN education and counselling skills make me feel proud of AKU as it has opened doors to so many opportunities.

Rose Sabuka, BScN '05

Kiran Anwar Ali Khimani, RN Dip, Post RN BScN 2010, received Merit Scholarship, Dean's Honour Role, Merit in Adult Health Nursing and Best Performance Award, Post RN BScN at Convocation 2010.

Sarfraz Masih, Post RN BScN, is currently senior lecturer at Liaquat National College of Nursing, Karachi and member of National Task Force for College of Nursing and Midwifery at National Institute of Health and Social Sciences (NIHS), Islamabad.

2006

Anita Akber Ali Momin, BScN Generic is currently working in United States of America as a RN for Meds Surgical Telemetry Area.

Sumaira Ahmed Bux Khowaja, BScN Generic is proud to be a graduate of the region's first batch of Master's of Bioethics.

Institute for Educational Development

2000

Rozina Jumani, Adv Dip is a Commonwealth Scholar currently working at higher education institutions such as Notre Dame Institute of Education (NDIE), Shaheed Zulfikar Ali Bhutto Institute of Science and Technology (SZABIST), Pakistan Air Force - Karachi Institute of Economics & Technology (PAF-KIET) and Institute of Business and Technology (BIZTEK). She also teaches an online MA programme in Educational Leadership offered by NDIE, Australian Catholic University.

2004

Yasmin Raheel Ahmad, CEL Adv Dip, has been working with Generation's School for the past 20 years. She is currently the head of sciences at the institution.

2008

Amynah Sadiq Bhaidani, MEd, currently resides in Canada and will soon complete her certification for teaching allowing her to upgrade her interim certificate to a permanent one. She is also learning and practicing differentiated teaching and learning in the context of English as a Second Language along with field testing for ESL Benchmarks as an assessment strategy through the Alberta Education.

Sajad Ahmad, MEd, is regional academic coordinator of one of the regional boards of Ismaili Tariqah Religious Education Board, Pakistan where he leads an eight-member team involved with need analysis, planning, implementation, monitoring, evaluation and reporting of academic programmes such as teacher education programmes for religious education, youth education programmes and general sessions for the community.

NRMP MATCH RESULTS

NAME	SPECIALITY	PROGRAMME	CATEGORY
CLASS OF 2004			
Fahad Shuja	<i>General Surgery</i>	MGH/Harvard Medical School, Boston, MA (PGY-3)	C
M. Zeeshan Memon	<i>Neurosurgery</i>	Cleveland Clinic, Cleveland, OH	C
Tariq Naseem	<i>Anaesthesiology/CC</i>	Tufts/Harvard (IP), Boston, MA	C
CLASS OF 2005			
M. Omair Azhar	<i>Family Medicine</i>	Penn State, Hershey, Hershey, PA	C
Rehmat Ali	<i>General Surgery</i>	Yale University, New Haven, CT	P
CLASS OF 2006			
Farida Malik	<i>Internal Medicine</i>	Monmouth Medical Center, Long Branch, NJ	C
Mansoor Arif	<i>Internal Medicine</i>	Mount Auburn Hospital, Boston, MA	C
CLASS OF 2007			
Abdul Mueed Zafar	<i>Radiology</i>	University of Texas at San Antonio, San Antonio, TX	C
Asha Bansari	<i>Internal Medicine</i>	Brown Memorial Hospital, Pawtucket, RI	C
Masooma Aqeel	<i>Internal Medicine</i>	West Virginia University, Morgantown, WV	C
M. Ameen Rauf	<i>Internal Medicine</i>	St. Joseph Mercy Oakland, Pontiac, MI	C
M. Nausherwan Khan	<i>Family Medicine</i>	Penn State, Hershey, Hershey, PA	C
Salman Iftikhar Chaudhary	<i>Internal Medicine</i>	Wayne State University, Detroit, MI	C
Sara Husain	<i>Internal Medicine</i>	William Beaumont Hospital, Royal Oak, MI	C
Sarah Aftab	<i>General Surgery</i>	Texas Tech, Lubbock, TX (PGY-2)	C
CLASS OF 2008			
Aamer Imdad	<i>Paediatrics</i>	SUNY Upstate Medical University, Syracuse, NY	C
Abdul Basit	<i>Internal Medicine</i>	Mount Auburn Hospital, Boston, MA	C
Adil Haleem Khan	<i>General Surgery</i>	Yale University, New Haven, CT	P
Affan Irfan	<i>Internal Medicine</i>	University of Illinois at Urbana-Champaign, Urbana, IL	C
Amina Zubair	<i>Family Medicine</i>	Penn State, Hershey, Hershey, PA	C
Hadi Bhurgri	<i>Internal Medicine</i>	University of Medicine & Dentistry of New Jersey, NJ	C
Hassan Raza	<i>General Surgery</i>	University of Pennsylvania, Philadelphia, PA	P
Javad Hashmi	<i>Emergency Medicine</i>	SUNY Upstate Medical University, Syracuse, NY	C
Mahwash Kamal	<i>Internal Medicine</i>	West Virginia University, Morgantown, WV	C
Mariam Shakir	<i>Internal Medicine</i>	University of Connecticut, Farmington, CT	C
Mehnaz Jabeen	<i>Paediatrics</i>	University of Texas Medical Branch, Galveston, TX	C
Mehrine Shaikh	<i>Ophthalmology</i>	George Washington University, Washington, DC	C
Mohammad Bin Pervez	<i>Surgery</i>	Montefiore Medical Center, New York, NY (PGY-2)	C
Mohiyyuddin Shaikh	<i>Internal Medicine</i>	West Virginia University, Morgantown, WV	C
Roomasa Channa Zafar	<i>Ophthalmology</i>	Wilmer Eye Institute, Johns Hopkins, Baltimore, MD	C
Rubina A Sajwani	<i>Internal Medicine</i>	Hennepin County Medical Center, Minneapolis, MN	C

NRMP MATCH RESULTS

NAME	SPECIALITY	PROGRAMME	CATEGORY
Saman Hashmi	<i>Paediatrics</i>	University of Illinois College of Medicine, Chicago, IL	C
Salman Khalid	<i>Internal Medicine</i>	University of Connecticut, Farmington, CT	C
Zarmeneh Aly	<i>Neurology</i>	Hofstra North Shore-LIJ, Manhasset, NY	A
CLASS OF 2009			
Ahsan Raza	<i>General Surgery</i>	University of Florida, Gainesville, FL	P
Alefiyah Rajabali	<i>Internal Medicine</i>	MGH/Harvard Medical School, Boston, MA	C
Areeba Jawed	<i>Internal Medicine</i>	Indiana University, Indianapolis, IN	C
Arslan Shaukat	<i>Internal Medicine</i>	Indiana University, Indianapolis, IN	C
Atif Bashir	<i>Internal Medicine</i>	Loyola University, Chicago, IL	C
Farheen Dojki	<i>Internal Medicine</i>	University of Connecticut, Farmington, CT	C
Fariha Batool Khawaja	<i>Family Medicine</i>	University of Manitoba, Winnipeg, Manitoba, Canada	C
Hamza Pervez Mughal	<i>Internal Medicine</i>	Saint Barnabas Medical Center, West Orange, NJ	C
Imran Tahir	<i>Internal Medicine</i>	Cook County, Chicago, IL	C
Madiha Rabbani	<i>Internal Medicine</i>	West Virginia University, Morgantown, WV	C
Madiha Syed	<i>Anaesthesiology/CC</i>	University of Arkansas, Little Rock, AR	C
Manal Habib	<i>Paediatrics</i>	University of Texas Medical Branch, Galveston, TX	C
M. Hussham Arshad	<i>Internal Medicine</i>	Metrowest Health Center, Framingham, MA	C
M.Umair Khan	<i>Internal Medicine</i>	Washington Hospital Center, Washington, DC	C
Nadeem Aqeel Khan	<i>Internal Medicine</i>	Hennepin County Medical Center, Minneapolis, MN	C
Nida Habib	<i>Internal Medicine</i>	Saint Barnabas Medical Center, West Orange, NJ	C
Taimur Saleem	<i>General Surgery</i>	SUNY Upstate Medical University, Syracuse, NY	C
Salim Hosein	<i>General Surgery</i>	UMDNJ, Newark, NJ	P
Samia Ayub	<i>Internal Medicine</i>	Mount Auburn, Boston, MA	C
Sidra Azim	<i>Internal Medicine</i>	University of Connecticut, Farmington, CT	C
Syed Umer Ali	<i>Internal Medicine</i>	University of Texas at San Antonio, San Antonio, TX	C
Umera Thebo	<i>Internal Medicine</i>	University of Buffalo, Buffalo, NY	C
Umme Rubab Syeda	<i>Internal Medicine</i>	University of Connecticut, Farmington, CT	C
Usman Salahuddin	<i>General Surgery</i>	Creighton University, Omaha, NE	P
CLASS OF 2010			
Abdullah Khan	<i>Internal Medicine</i>	University of Medicine & Dentistry of New Jersey, NJ	C
Amad Naseer Khan	<i>Neurosurgery</i>	Imperial College, London, UK	C
Asad Javed	<i>Internal Medicine</i>	Temple University, Philadelphia, PA	C
Asma Saba Syed	<i>Internal Medicine</i>	West Virginia University, Morgantown, WV	C
Basma Shahid	<i>General Surgery</i>	Cleveland Clinic, Cleveland, OH	P
Mahwash Kassi	<i>Internal Medicine</i>	Methodist Hospital, Houston, TX	C
Raji Mustafa Shameem	<i>Internal Medicine</i>	Lenox Hill Hospital - North Shore LIJ, NY	C

C = Categorical, A = Advanced, P = Preliminary

